



HOLLY POWER

I hope everyone has had a good break over half term. Although there has not been much to do other than walking in the rain, we have encouraged the students to spend some time away from their laptops and textbooks.

Students have been building snowmen, reading fiction and playing with siblings. Many have enjoyed attending local church services on Sundays and supporting their community during this difficult time.

I was honoured to be asked to speak on BBC News and Maritime Radio last week about the challenges of teaching remotely and homeschooling. You can watch and listen to the BB News interviews on our YouTube channel:

<https://www.youtube.com/watch?v=qbFNUbKbKbo>

Holly Power

Principal

CTK Aquinas

National Apprenticeship Week

We are delighted that so many students got involved with the various internal and external Apprenticeship Activities which took place the week beginning Monday 8th February. One of the biggest highlights of the week was our alumnus Aiste Adomaityte's talk about her experiences of being an apprentice.



Aiste Adomaityte

For any parents wishing to find out any more information, please check out the key websites which are:

www.ratemyapprenticeship.co.uk and www.amazingapprenticeships.com

In essence, an apprenticeship is a job. Students spend 80% of the working week at their place of employment, and 20% at their place of study. They earn a salary, and the course fees are covered by both the employer and the government.

There are many different apprenticeships students can apply for across a broad range of different industries.

Chaplaincy Corner

Keeping Lent

The Chaplaincy team are inviting students and staff to engage in the season of Lent by finding more time for prayer, fasting and almsgiving. Lent as a time for preparations for Easter, gives 40 days of walking closely with Jesus, growing spiritually and personally in service of others. A video introduction to Lent was shared with students which you can see [here](#).

Resources for students to engage in opportunities for retreat and prayer include the following online links:

<http://www.southwarkdsc.org.uk/followme> and <https://pray-as-you-go.org/article/growing-back-better-a-lent-retreat-2021>



Chaplaincy Reps

The students and Chaplaincy hosted a talk on *Hope and Mental Health* with Fr Paschal Uche, a Catholic priest, who spoke inspiringly of the importance of faith bringing hope in times of challenge. The students were greatly helped by his powerful words and authentic witness. Many thanks to Miss Katama, SM Chaplain, for organising this event.





CHRIST THE KING SIXTH FORMS

March 2021

NEWSLETTER

CTK Prayer

God of Love

As members of the Christ the King Sixth Forms family we ask for your continued blessing upon our work and study. You are the source of all truth and wisdom.

May we experience in full the Life that you offer us each day, to become the best that we can be.

Let no distractions or fears prevent us from trusting in your endless care for us.

Shine your Light into our lives that we may become brighter beacons of faith, hope and love in our community.

We make this prayer through Christ the Lord.

Amen.



Eco Reps

The students have designed logos to promote their work and promoted weekly eco challenges to the college. See the images below:



Eco challenge for the week: Record how much waste your household goes through in one day.



- The amount of waste we produce is bad for the planet.
- This week, work out how much waste your household produces in one day from food, travel and stuff.
- You can find out your environmental footprint using [WWF's Footprint calculator](#).
- Email your findings and how to reduce household waste to: EcoReps@Ctksfc.onmicrosoft.com

Marketing Fairtrade Fortnight



The Chaplaincy team have been promoting *Fairtrade Fortnight* in the sixth forms by inviting students and staff to explore the issues that cause the unjust production of consumer goods whereby producers are not given a fair wage. Products with the Fairtrade logo ensure that farmers and workers in developing countries earn a decent livelihood. The continuing climate crisis is threatening food production. A video presentation of the issues has been circulated to students and staff including an ecumenical service of prayer (see images below):





CHRIST THE KING SIXTH FORMS

March 2021

NEWSLETTER

National Numeracy Day

We have signed up to be a National Numeracy Day Champion! Join us and help our CTK community get their number confidence on with free resources and activities.

#NationalNumeracyDay

National Numeracy Day takes place on 19 May 2021.

Sign up to become a Champion now...

https://www.nnchallenge.org.uk/?utm_source=707



About the Challenge

The Nation Numeracy Challenge is a free online assessment tool. It's designed to give you an accurate picture of your everyday Maths skills.

You start by registering and completing the Check-up, which gives you your numeracy level. It then gives you the tools to learn in manageable steps, building confidence along the way as you improve your skills with numbers. The Challenge focuses on the number skills that everyone needs to function at home and at work. These are the skills that help you manage your money, work out measurements and make sense of figures in the media. Start practicing now before **19th May 2021**.

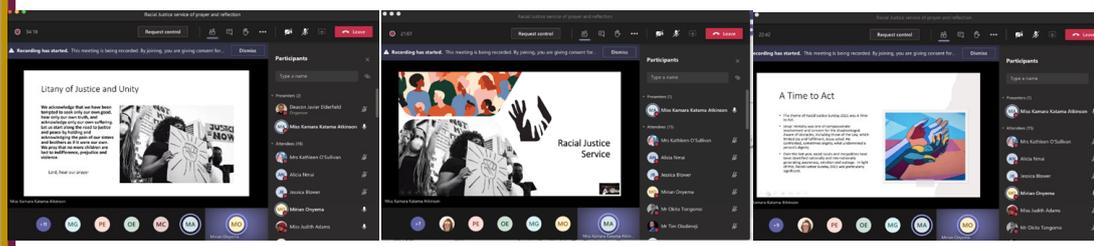
We had a winner for the eco-competition to design something out of recyclable material. See photos below.

Sophie Oughton (AQ) submitted her design of a turtle named Terry, which she made out of butter tub, a hand sanitiser bottle, loo roll, bottle caps and paper. Well done to Sophie for being so creative and winning the eco-competition organised by the student eco-reps group. Sophie will be awarded Amazon vouchers for her design.



Racial Justice service

Some screen shots from our Racial Justice service:



Student Reflection

- by Daniel Adekoya on *Manifesting Greatness* written for the local Diamond Club newsletter.

The closure of schools (on-site) has been a significant battle for me, and I trust it has also been for many others as well. Although, I believe that we can view the Pandemic as being a message from God. Collectively, we need to be more reflective of our actions and our thoughts. Despite the enormous amount of stress which the Pandemic has caused, it has truly accompanied numerous positives. It has permitted many individuals to partake in new activities which would not have occurred without the Pandemic. I strongly believe that manifesting events in your life can significantly affect your overall attitude and behaviour. Recently, I have been attempting to create manifestations which can reflect in having a positive mindset. Strangely enough, doing so has encouraged me to keep striving towards my goals. Previously, I was not particularly keen with being optimistic about anything in my life, and this contributed to many negative results. The Pandemic has made me reflect on the cynical traits I used to have and has allowed me to make changes. Life is too short for us to be continuously viewing everything negatively. Negativity would lead to negative results. While positivity would lead to positive results. If the Pandemic is significantly lowering your self – esteem, and is placing you in a dark place, then try to be optimistic about your future. Be positive! It would definitely be hard but thinking positively can help you massively. I really hope this inspires you to be more optimistic through ambitious manifestations, as they can be acceptable once in a while, to act as a motivational tool. If you require further help, then reach out to someone who can provide you with the support you need. There are various individuals out there who are willing to help others through these tough times. Talk to someone. You are not alone.



CHRIST THE KING SIXTH FORMS

NEWSLETTER

LRC

The LRC team would like to highlight some resources that we think are very useful for our students that parents/guardians should be aware of:

ProQuest Ebook Central

Students can access a wide range of textbooks here by clicking on this link here and using their college email address:

[ProQuest Ebook Central](#)



The Guardian

To keep up to date on the latest news students can read the award winning Guardian for free by clicking here: [The Guardian](#)



Shakespeare's Globe

For students wanting a bit of culture please check out one of the free plays that have previously been shown at the world famous Globe Theatre:

[Shakespeare's Globe](#)

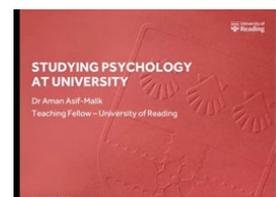


Partnerships

We were delighted to have Natalie Ryles, from Queen Mary University of London, speak to our students about the learning opportunities presented by a Degree Apprenticeship. She explained how the application process differs to a university degree, as well as the many benefits of working for an employer whilst also attaining a degree level qualification from a university, before discussing the competitive Degree Apprenticeships available at QMUL and their entry requirements.



Dr Aman Asif-Malik, Teaching Fellow at the University of Reading, spoke to our students about studying Psychology at university. She outlined the various branches of interest Psychology covers, highlighting engaging studies, before speaking about the many career opportunities a degree in Psychology opens up. She then illuminated the students on what to expect from their university studies, from teaching methods to assessments, and the courses available at the University of Reading and their entry requirements.



Recordings of all our External Speaker Programme sessions can be found in the Careers section on Moodle.

Curriculum

Resilience has been the focus over the past fortnight. We have ensured that the recent period of lockdown hasn't impacted our curriculum outcomes. The launch of our online wider curriculum this half term has gone well and we have offered students over 20 sessions to choose from.

This term we have all learnt new skills using Microsoft Forms, OneNote and breakout rooms in Teams to ensure our lessons are as challenging and engaging as they are when we are on site. Our teachers are regularly sharing good practice and ideas with each other. Our curriculum coffee breaks with students every Thursday give them an opportunity to feedback on how the live lessons are going and what is working well. We undertook our FSAs remotely from home and students each received 1:1 feedback meetings as they would in normal circumstances.

Our Academic Resilience project with Eton feels incredibly timely at the moment as we look at perseverance and overcoming setbacks. I can see these skills personified every day in our students.

Wider curriculum – French Film Club - In today's society, learning or being familiar with a foreign language is important. It broadens our cultural horizons, allows us to understand diversities and increases our ability to communicate, travel and work abroad. These wider curriculum sessions explore all aspects of French language and culture through films and documentaries. These sessions take place once a week and are available to all students whether they study French at A Level or not, as all films have English subtitles. Students have enjoyed the French Film Club and find it a great way to learn and, at the same time, relax with friends.



CTK Aquinas Open Day

CTK Aquinas will be holding an Open Evening on 10th March, if you know any Year 11 students looking for a Sixth Form place they can sign up on www.cktaquinas.ac.uk/news-and-events/open-events